

Fontbonne F.A.C.T.S



ST JOHN
PROVIDENCE

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SPRING 2016

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A MESSAGE FROM THE PRESIDENT

Dear Fontbonne Friends,

Happy Spring to all! While it's been a fairly mild winter, I'm looking so forward to the many things that a new season brings.

I would like to begin by acknowledging a few of the great events that the Fontbonne Auxiliary hosted over the past few months.

We had a very unique and extra-special Holiday High Tea and Strolling Fashion Show on November 19, 2015 at the beautiful Country Club of Detroit. It was one of its kind! This event was hosted by my dear friends, Liz Mitchell, Fontbonne Board Member and Linda Trevillian, Manager, Fontbonne Gift Shop. As in "Liz and Linda" Fashion – they didn't miss a thing! The decorations and ambiance were perfect for a high tea, and the fashion show was very fun, featuring some of the cutest apparel and accessories from the Gift Shop. Fontbonne members and some of their guests were our models, and everyone had the opportunity to purchase items set up in the Club for the day. They also received a 25% discount on items sold. The ladies had a great afternoon of fellowship, as we kicked off the holiday season.

On Friday, December 11, 2015, the traditional and enchanting White Christmas Ball was held at Cobo Center. Our dear Amy Danna, most recent past president of the Fontbonne Auxiliary, served as the Chairperson of this spectacular event. She and her esteemed committee of board members and Fontbonne friends planned a special celebration of the Christmas season for over 300 guests. The decorations were beautiful, the band was great and a good time was had by all. We also honored Dr. and Mrs. Hadi Sawaf, for their commitment and dedication to St. John Hospital & Medical Center for so many years, and especially for the compassionate care provided to our pediatric oncology patients. Thank you, Amy, for all of your hard work and dedication for hosting another successful event.

We have so many new and exciting things planned for the spring. First, our annual Bingo Party will be held in April at the Assumption Cultural Center. This is a great event of fun and camaraderie. Looking forward to seeing you there.

The May General Meeting will be combined with our Second Annual Golf Outing. We plan to kick off the day with the Golf Outing beginning at 8:00

a.m., and our luncheon and General Meeting to follow. Both events will be held at the Lochmoor Club. Please see information in this publication for registration information. We are praying for good weather and a fun day of golf and fellowship. Please join us to help fill all of the 40 spots available for this 9-hole outing. This is also the general meeting where our annual gift will be presented to Bob Hoban, President, St. John Hospital & Medical Center.

In partnership with The Guild, we are sponsoring our annual 5K Run for a Reason on Sunday, September 25th! This event will be held at the Grosse Pointe Yacht Club and will kick-off at 8:30 a.m. This is a great family event and we welcome everyone to attend. We plan for this to be our biggest Walk/Run so far. We have lots of activities planned for the children and their parents, before and after the actual Walk/Run. Again, praying for good weather!!

I am so pleased to announce that we are bringing back a Fontbonne favorite – Our Annual Fashion Show!! It's been several years since we had such an event, and we promise it will be a great one! Our chairs are very busy putting the final plans together, but to date we know that "Couture and Cosmos at the Cadillac" will be held on Wednesday, September 28th at the Westin Book Cadillac! This event will feature professional models, beautiful Fall Fashions, lunch raffles and "Cosmos". See information inside for further details. We are especially excited for this event.

And finally, the 2016 White Christmas Ball will be held on Saturday, December 10th at the Westin Book Cadillac. The committee is working on initial plans for this special event. We have great things planned. Stay tuned - More information to follow.

I am so grateful for our friendship and for your continued support of the Fontbonne Auxiliary and St. John Hospital & Medical Center. One of my personal goals is to further engage individuals in the St. John Family, to consider membership with the Fontbonne and participate in the many fun events we have planned for the year. Please feel free to reach out to the Fontbonne Auxiliary office, or me directly if you have questions or need further information on becoming a member.

Blessings to you always,

Debbie

Debbie Condino, Fontbonne President

FONTBONNE'S 2ND ANNUAL "G-2 GOLF OUTING"

You won't want to miss the Fontbonne Auxiliary's second annual G-2 (girls & golf) outing scheduled for Tuesday, May 10th at Lochmoor Country Club.

Chairs Debbie Condino, Camille Cracchiolo and Mary Ghanem announced that the 9:00 a.m. shotgun start will be preceded by a delicious continental breakfast starting at 8:00 a.m. The outing will be limited to 40 golfers this year and will be coupled with our May Fontbonne General Meeting.

Last year many non-golfers joined us for a scrumptious lunch and awards. The price for golf and lunch is \$75.00 while the non-golfers will pay \$25.00 for lunch and hilarious golf stories.

Look for the flyer for the "G-2 Golf Outing" after Easter and make your reservation for golf/lunch or just lunch. ■



Leah Cracchiolo, Janet Gadette,
Debra Van Elslander and Christy Torgler



Connie Lacey, Marie DeLuca and
Sandy Tenkel



Patricia Manley, Tomasine Marx,
Nancy Beyer and Deborah Condino



Meet Cal Movinski!



2015 FONTBONNE AUXILIARY *Nursing Scholarships*

Because of a special endowment established by our Fontbonne Auxiliary in 1989, we are able to award annual scholarships to our nurses who are enrolled in the St. John Hospital & Medical Center Nurse Extern Program.

Each year in July, a Fontbonne Selection Committee, along with hospital educators, gather to read each application (10-18), personally meet and listen as they proudly present their personal required projects and shares their dreams for the future. What follows is the most difficult challenge – choosing 4-6 applicants (depending on the growth of the endowment) to receive a scholarship.

Last year our committee included Peggy Davis, Camille DeMario, Jocelyn Dombrowski, Phyllis DeMars, Kim Hinton, Patty Stumb and Lorna Zalenski. As they read the values essays and listened to their clinical improvement projects, they discovered words like mission, community, relationships, compassion, creativity, responsibility, dignity, comfort, passion, dedication, service and integrity, values aligned with the St. John Health Care System.

In 2015 we awarded five Fontbonne Nursing Scholarships each in the amount of \$2,150.00. Choosing five winners out of 18 applicants proved to be a real challenge because each of the nurse externs were so special in the hearts and minds of their mentors, preceptors, and floor managers with whom they work each day at the hospital and most especially to the many patients whose lives they touched while at St. John.

A big thank you to our committee who were so impressed with these "angels in scrubs." We have our fingers crossed for a very successful BINGO PARTY in April so that we can grow our endowment fund and award even more scholarships this July. ■

Fontbonne's High Tea launches the Holiday Season



A traditional British High Tea was planned by the Fontbonne Auxiliary at the Country Club of Detroit and was held on Thursday, November 19, beginning with a social hour at 11:00 a.m., followed by the luncheon and fashion show. Fontbonne members are always so very creative, and this wonderful Holiday High Tea and Strolling Fashion Show was in the planning stages for months.

The enthusiastic chairs were Debbie Condino, Elizabeth Mitchell and Linda Trevillian. Peggy Davis and Patty Stumb secured the 30 some models and assisted them with the selection of their outfits of fashionable sweaters, dresses, pants, t-shirts and lovely jewelry and handbags to complete the look for each model. All the clothes and accessories were from Le Fontbonne Gift Shoppe. Commentator Liz Mitchell provided the description of each outfit as the models casually strolled through the Country Club's Great Hall.

The outstanding centerpieces were put together by the chairs, and JoAnn Miller was an integral part of the committee designing the three-tiered centerpieces done

in red, green and gold colors with holly and ivy and filled with the desserts of assorted tart, madeleines and petit fours displayed on the tiers. The

delicious lunch menu was planned to delight the palates of those attending and was begun with Squash Soup with Candied Pecans for the first course. The famous Country Club of Detroit Michigan Salad was next, followed by an assortment of tea sandwiches garnished with fruit skewers. The luncheon was topped off with the mini pastries for dessert. British High Tea selections were offered throughout the afternoon.

Le Fontbonne Gift Shoppe's fashionable outfits worn by the models were available to be purchased at the High Tea. The gift shop also had a large display of gift inventory for early Christmas shoppers. Discounts for purchases were offered to all who attended. The afternoon was a highlight to the start of the holiday season and a delight to all who attended. ■



Spinach Quiche with Chicken



1/4 cup shredded Cheddar cheese
1 (9 inch) unbaked pastry shell
1 cup diced cooked chicken
1 cup chopped fresh spinach
1/2 cup chopped sweet onion (such as Vidalia)
3/4 cup shredded Cheddar cheese
3 eggs

3/4 cup half-and-half
1/2 cup mayonnaise
1/4 teaspoon salt
1/8 teaspoon ground black pepper
1 pinch salt-free seasoning blend (such as Mrs. Dash), or to taste
1 pinch herbes de Provence, or to taste

Preheat oven to 350 degrees F (175 degrees C).

Sprinkle 1/4 cup Cheddar cheese in pastry shell. Mix chicken, spinach, onion, and remaining 3/4 cup Cheddar cheese in a bowl; transfer mixture to pastry shell.

Whisk eggs, half-and-half, mayonnaise, salt, black pepper, seasoning blend, and herbes de Provence in another bowl; pour over chicken mixture.

Bake in the preheated oven until a knife inserted into the center comes out clean, 35 to 40 minutes. Let stand for 15 minutes before slicing and serving.

CORRESPONDING Report

February

- 24th Sympathy to Barbara Kennedy on the death of her husband
- 24th Sympathy to Julie Ahee on the death of her uncle
- 24th Sympathy to Lydia Eugenio on the death of her brother-in-law
- 24th Sympathy to Peggy Eugenio on the death of her husband
- 24th Sympathy to Linda Eugenio Vrana on the death of her brother

-New Life Members-

Jacqueline Dombrowski
Kathryn Kaspyk

-New Annual Members-

Susan Anderson
Mercedes Kucyk

THE MCQUADE SOCIETY



The comfort of knowing that you will have someone to help with arrangements if you need medical care at St. John Hospital & Medical Center is important. The McQuade Society is a complimentary donor relations service for loyal friends and benefactors of SJH&MC. In addition to donor wall recognition, membership includes special assistance and access to navigating your medical needs including:

- Facilitating physician and diagnostic appointments,
- Expediting the ER process,
- Securing the best available room that is medically appropriate for an inpatient stay
- Providing personal escort service to treatment and procedures.

As an added benefit, our dedicated donor relations manager, Beth Carter, is available 24/7, providing you comfort and convenience when in need of medical care. St. John Hospital values the charitable support we receive from our donors and the McQuade Society is our way of saying thank you.

Many of our Fontbonne Auxiliary members have loyally supported St. John Hospital & Medical Center for many years and have achieved McQuade Society status through their generous ongoing involvement. If you are interested in learning more about the McQuade Society please contact fellow Fontbonne member Kelly Oliver, (313) 343-7702 or kelly.oliver@stjohn.org. ■

Fontbonne Board Member launches new children's book *Rosaline's Big Dream*

For sale at Le Fontbonne Gift Shop



Standing, Laura Grande Adams
Sitting, Gail Howe

Fontbonne board member and author Gail Kachadourian Howe is launching her first children's book *Rosaline's Big Dream*.

Rosaline is a fun-loving, young giraffe who aspires to more than her daily routine at the zoo. Her parents foster her creativity and can-do spirit, and encourage her to pursue her dreams. Because of her tenacity and support from family and friends, Rosaline never gives up and her dreams really do come true!

"Rosaline's story encourages children of all ages to keep dreaming their dream," says Howe, a reporter formerly with Crain Communications.

Former Grosse Pointe Public School art teacher Laura Grande Adams is the book's illustrator. All her artwork in the story was hand-drawn using watercolor and pen.

Throughout March, Howe and Adams are visiting metro-Detroit elementary schools to share their story of how they followed their own big dreams to write, illustrate, and publish *Rosaline's Big Dream*. The pair is working on a second children's book.

Rosaline's Big Dream retails for \$17.99 and is available at Le Fontbonne Gift Shop. ■

BINGO IS BACK!! ... AND THIS YEAR ... WHAT HAPPENS AT BINGO, STAYS AT BINGO!!!

Calling all guys, gals and anyone over 21 years of age!

Get out your lucky charms and bring all your friends because BINGO is back! This year's Bingo Party chaired by Jean L. Azar, Phyllis DeMars, Pam Kocsis and Patty Stumb, will be held at the Assumption Cultural Center on Thursday, April 14th. Anyone who has ever been to one of our Bingo Parties, knows how much fun they are no matter how old you are!

This fun evening will include salad, sesame chicken, spinach pie, hot dogs, cookies, brownies, soft drinks, coffee, BINGO CARDS for 11 games and CASH PRIZES!

- \$40.00 General Admission
- \$50.00 "Shot in the Arm" Sponsor
- \$100.00 "Nightingale" Sponsor

***PROCEEDS WILL DIRECTLY BENEFIT
THE FONTBONNE NURSING SCHOLARSHIP FUND!**





Run for a Reason

5k Run/Walk and 1 Mile Fun Walk

Join the Fun and “Run For A Reason”

Our Fontbonne Auxiliary is proudly sponsoring, “Run For A Reason” for the third year along with the Grosse Pointe Yacht Club and The Guild. It will be held on Sunday, September 25 and begin at 8:30 a.m. The event will include a 5K Run/Walk and a 1 Mile Fun Walk. The route is from the Grosse Pointe Yacht Club to Woodland Shores Drive with the finish at the Yacht Club. Families are encouraged to participate not only in the run/walk but to also enjoy the other activities and entertainment that will be offered during and after the event. An awards ceremony will announce and honor the winners.

The Fontbonne members who are working on the 5K Run/Walk committee are Liz Bsharah, Debbie Condino, Amy Danna, Jocelyn Dombrowski and Kim Hinton. They welcome any ideas or suggestions for the event, and they invite any of our Fontbonne members, their families and guests to come and join the activities. Attendance at the event can be enjoyable without participating in the run/walk. Early registration is encouraged, because the event could sell out, Registration forms are available now.

Family fun activities include a magician, a DJ will provide music and Wally's Custard Fire Engine will offer custard cones and other custard delights. ■



The kids enjoying Baffling Bill the Magician.

Spring in the Air at Le Fontbonne Gift Shoppe



It's “March Mania” at Le Fontbonne Gift Shoppe. We have designed specials every week during the entire month. Check your emails for sales and promotions. You have to stop in and see the new spring apparel collection. It is the best yet with great designs and enticing colors. The spring décor and the enhanced children's corner have been drawing huge attention. While you're in the gift shop ask for a one minute manicure. With this new product you will experience the softest hands ever ! Remember, all Fontbonne members receive a discount and don't forget to use your birthday coupons. Once again we thank you for supporting Le Fontbonne Gift Shoppe. As you know, all profits are returned to the hospital. ■

~ Jo Ann Miller



FONTBONNE'S PROUD HERITAGE

This article was originally published in 1966.

*"Before an important decision, someone clutches your hand —
a glimpse of gold in the iron gray, the proof all have dared never to believe."*



Sister Mary Carmella DeSantis, S.S.J.

*Served at St. John Hospital
from 1947-1967*

The above words of Dag Hammarskjöld describe well Sister Carmella's task of organizing the Fontbonne Auxiliary and the cohort of friends that came to her rescue in those first days in a work that was nothing short of love made visible.

On September 24, 1946, the Reverend Mother Colette, Superior General of Nazareth, Michigan, first expressed the idea of an Auxiliary to Sister Carmella. By October 6, 1947 the organizing process went into full swing as a result of Sister Carmella's enthusiasm and zeal. With Mrs. Arthur D. Kerwin as head, the principals of the first meeting — Mother Colette, Sister Carmella, Mrs. Arthur Kerwin and Mrs. Arthur DeSantis — met at Mrs. Kerwin's home. It was then decided that, in honor of Saint Joseph, the first Wednesday of each month would be meeting day. Father Thomas Carroll generously offered for the use of the organization Annunciation Hall, and it was there

that the Fontbonne Auxiliary held its first meeting, December 3, 1947.

Twenty years later, Sister views with grateful retrospect the innumerable tasks undertaken by the force 1800 strong. She recalls the undertakings — the carnivals, the raffles, the teas, the lawn parties, the balls, the rummage sales and the countless inventions of all her members to make the Auxiliary one of the strongest in the world in numbers and in zeal. The foundation of the Fontbonne Auxiliary at Saint John Hospital from the inception was to form a contingent that would be the Hospital's heart, foot and hand. With Sister Carmella at the helm, the Auxiliary has been all these and more besides. In an era of anxiety and unprecedented prosperity, the road to holiness must necessarily pass through a world of action. It is through this world that Sister Carmella and the Auxiliary have approximated much for God and for others at Saint John Hospital. ■

Couture and Cosmos at the Cadillac!



The Fashion Show will return on Wednesday, September 28 at The Westin Book Cadillac. Chairs, Amy Danna, Tammy Haney and Alysia Laethem are planning an afternoon show featuring professional models, Fall fashions, lunch, raffles and cosmos. They will be forming their committee soon so please contact the Fontbonne Office if you are interested in volunteering for this event. Stay tuned for further details! ■



KUDOS TO THE "HEAVEN AND NATURE SING" COMMITTEE



The launching of the White Christmas Ball with a beautiful cocktail party brought the Fontbonne Auxiliary committee members and underwriters out for a festive evening on Wednesday, November 11. Jennie and Paul Silva graciously opened their Grosse Pointe Farms home to introduce the Ball theme and for the Fontbonne to announce Nashwa Sawaf and Dr. Hadi Sawaf as the Honorary Chairs for "Heaven and Nature Sing."

The 62nd annual White Christmas Ball, chaired by our past Fontbonne President Amy Danna, was celebrated on Friday, December 11th at the beautiful and newly remodeled Cobo Center in lovely downtown Detroit.

Guests danced the night away to the sounds of the *Skyline and the Back Street Horns* and enjoyed a "Heaven and Nature Sing" theme with heavenly decorations by *Scarlet Poppy*. Musical treats by the *Noteworthy*, an a capella women's group who have entertained Fontbonne members

on several other occasions, and harpist *Christa Grix* were enjoyed by the 320 guests. Each attendee took home an exquisite Waterford crystal flower graciously donated by Edmund T. AHEE jewelers.

This year the Fontbonne Auxiliary honored Dr. and Mrs. Hadi Sawaf for their dedication to our patients and their generous philanthropic support. Dr. Sawaf is Section Chief of the Pediatric/Hematology Department at St. John Providence Health Systems. Nashwa Sawaf is a pharmacist at St. John Hospital & Medical Center and is an avid Fontbonne supporter and past White Christmas Ball Chair.

Proceeds from this year's Ball, over \$70,000, will go directly to the *Child Life Program* at St. John Hospital & Medical Center. This unique program provides support and therapies to help children deal with the roller coaster of emotions that they may experience during a hospitalization or medical procedure.

This annual, festive event was a

culmination orchestrated so remarkably by Amy and her Ball committee – it was a special time to celebrate and let "Heaven and Nature Sing."

As is the tradition following each Fontbonne event, the committee gathers to support, suggest, critique and find ways to improve each fundraiser. This year's wrap-up for the White Christmas Ball, "Heaven and Nature Sing" was hosted by Phyllis DeMars and Pam Kocsis in Phyllis' lovely Grosse Pointe Shores home. Praises were given to the ball committee by this year's Chair Amy Danna. A delicious breakfast was served with delicious offerings of quiche, fresh fruit and sweet rolls, coffee, tea and juice.

Fontbonne President Debbie Condino announced that next year's Ball would be held on Saturday evening, December 10th at the Book Cadillac Hotel. Suggestions were given for the event, and the excitement is now building with more details to follow in the months to come. ■



Karen Fox, Amy Danna, Ellen Starks and Teresa Lucido



Nashwa Sawaf, Dr. Hadi Sawaf, Yvette Saravolatz and Dr. Louis Saravolatz



Marlene Boll, Kristine Mestdagh and John Boll



Decorations



Mado Lie, Darrene Baer and Stephanie Germack Kerzic

2016 Fontbonne Upcoming Events

Thursday, April 14, 2016
Bingo Party
(Assumption Cultural Center)

Monday, May 2, 2016
May Board Meeting
(Conference Room C)

Tuesday, May 10, 2016
Golf Outing & May Annual Meeting
(Lochmoor Club)

Wednesday, September 7, 2016
Board Meeting
(Conference Room C)

Wednesday, September 14, 2016
September General Meeting
(Joe Muer Seafood Restaurant)



Sunday, September 25, 2016
The Guild, Fontbonne Auxiliary &
Grosse Pointe Yacht Club
"Run for A Reason",
5k Run/Walk & 1 Mile Fun Walk
(Grosse Pointe Yacht Club)

Wednesday, September 28, 2016
Fashion Show
(The Westin Book Cadillac)

Saturday, December 10, 2016
White Christmas Ball
(The Westin Book Cadillac)

www.stjohnfontbonne.org

REMINDER: Reservations for Fontbonne events will only be honored if they are prepaid by credit card, check or cash. Thank You!

Co-Editors: *Peggy Davis & Patty Stumb*

Any suggestions for articles that may be appropriate for publication in *Fontbonne Facts* should be submitted to: Fontbonne Auxiliary - St. John Hospital and Medical Center 22101 Moross Road, MOB Suite 102, Detroit, MI 48236.

Fontbonne Auxiliary
of St. John Hospital and Medical Center
22101 Moross Road, MOB Suite 102
Detroit, Michigan 48236-2172