

Fontbonne F·A·C·T·S



ST JOHN
PROVIDENCE

Believe in better

FALL 2016

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A MESSAGE FROM THE PRESIDENT

Dear Fontbonne Friends,

I hope this finds you all well and winding down from what I believe was a wonderful summer, filled with many sunny days and just beautiful weather all around. You never know what Michigan will provide for us, but it has been one of the most pleasant summers I can remember.

As we move into this fall season, I would like to share with you some of the great events hosted by the Fontbonne Auxiliary.

Our May General Meeting was held in conjunction with our Second Annual Golf Outing at the Lochmoor Club. It was a beautiful day, filled with lots of fun, laughs, and great fellowship with new and old friends. Thank you to Camille Cracchiolo and Mary Ghanem for another job well- done. We were pleased to have doubled our attendance from the previous year. At this general meeting, our check from all of the proceeds from previous events was presented to Bob Hoban, President, St. John Hospital & Medical Center in the amount of \$148,369.57. This check will be used to support the Birthing Center Initiative.

The September General Meeting was a unique one. We had approximately 50 guests participate in a cooking event at Detroit's own Joe Muer's Restaurant. Guests were given a cooking demonstration of the delicious dessert that we were served. The ladies who attended had a wonderful time and a wonderful meal! Special thanks go out to Gail Howe and Kim Hinton for planning this unique event.

On September 25th, and in conjunction with our partners in The GUILD and The Grosse Pointe Yacht Club, we held our third annual Run for a Reason 5k event. This event was a huge success! This family event included over 200 participants and the weather could not have been more appropriate. In addition to the 5k Walk/Run, we had numerous activities and treats for kids and

adults. We are proud to say that our combined efforts yielded \$7,500 in proceeds which will go directly to the hospital for the Birthing Center project.

And finally on Wednesday, September 28th, we hosted a Fontbonne favorite and brought back the beloved Fontbonne Fashion Show. The event, Cosmos and Couture at the Cadillac was held at the Westin Book Cadillac and was hosted by the beautiful trio of Amy Danna, Tammy Haney and Alysia Laethem. The 225 reservations that were available sold out in less than two weeks! This is unheard of for any of our planned events! These beautiful ladies planned a great afternoon of fun, fashion, food, and a complimentary pink Cosmo. There was so much positive feedback from members and guests about this event! We are already making plans for our 2017 Fashion Show, including doubling the size of reservations available. Stay tuned....

Our Holiday Luncheon is scheduled for November 30, 2016 at the County Club of Detroit. Our hosts, Jocelyn Dombrowski, Gail Howe, Kathryn Kasprzyk, Alysia Laethem, Pam Meyer and Tricia Schaden are planning a most memorable event to kick-off the holiday season. More details and invitations to follow. I hope to see all of you there as we celebrate this extra special time of year.

On December 10th, we are pleased to announce that plans for the White Christmas Ball continue to be underway. We have a magical evening planned at the Westin Book Cadillac, with entertainment being provided by Mel Ball and Colours. He promises to bring back all the energy we have enjoyed at past events. As in years past, we are offering discounted room rates at the Westin Book Cadillac so that guests can relax on the concierge level of the hotel prior to and after our event, while enjoying a restful evening at the Book. A special thank you goes out to the entire Board of Directors who for the first time are

CONTINUED

hosting this signature event for the Fontbonne Auxiliary. We are pleased to honor Dr. and Mrs. David Zalenski. Dr. Zalenski has been a long-time practicing OB/GYN physician at St. John Hospital & Medical Center and has held multiple positions in the Department of OB/GYN. He has most recently been appointed as Chair of the Perinatal Steering Committee for Ascension Health. We are pleased to honor Dr. Zalenski for his dedication and commitment to St. John Hospital & Medical Center, St. John Providence Health System and Ascension Health. We are also honoring his beautiful wife, Mrs. Lorna Zalenski. Lorna is a very familiar face and dear friend of the Fontbonne Auxiliary. Lorna is a past president and past White Christmas Ball Chair. She has worked tirelessly over the years, raising thousands of dollars for St. John Hospital & Medical Center. She also worked for many years as a nurse and manager in her husband's medical practice. This year we are so grateful to honor such a special couple, and who for me personally, are among my dearest of friends.

As we move into this holiday season, I want to share my gratitude for all the hard work that the Fontbonne does for the most vulnerable members of our community. We are proud of the dedication and care that our hospital provides for our Community. May God continue to bless those that care for our patients each and every day.

Consistent with my goals and our efforts, we did lots of "friend-raising" for all of our past events. For that I am also grateful! I look forward to our continued work.

Special Blessings to All,

Debbie

Debbie Condino, *Fontbonne President*

BINGO IS BACK!! WHAT HAPPENS AT BINGO, STAYS AT BINGO!!!

"B - I - N - G - O" resonated throughout the Assumption Banquet Hall on April 14 as the attendees enjoyed an evening of "What Happens at Bingo, Stays at Bingo." Laughter, singing, and friendship shared by all made for a successful "FUN-raising" event. GUILD board member Greg DeMars, served as our guest caller and kept the bingo players entertained with his ad lib monologue that involved, to their surprise, many of the guests. He is a keeper for next year's Bingo Party. Assumption served a delicious buffet of Sesame Chicken, spinach pie, salad, hot dogs topped off by the most scrumptious homemade cookies and brownies for dessert. Chairs for this event were Patty Stumb, Pam Kocsis, Jean Azar, and Phyllis DeMars. Proceeds earned, once again, went to the nursing extern scholarship program funded by the Fontbonne Auxillary and sponsored by St. John Hospital & Medical Center. Please consider joining in on the fun next year, you will be glad you did. ■



IT'S AMAZING!!

The **Fontbonne Gift Shop** is packed with beautiful fall and winter clothing. You will be sure to find just the right outfit to complete your wardrobe. Also choose from hats, handbags, slippers, jewelry, and a line of comfy shoes. Of course, Halloween items and décor are at a deep discount. It is never too early to plan and shop for Christmas. We are ready with gift suggestions and the latest decorations. Remember all profits are returned to the hospital. We are open 10 to 7 weekdays and 12 to 5 on the weekend. See you soon! ■

Jo Ann Miller



THE
Fontbonne
AUXILIARY

Couture & Cosmos at the Cadillac



Ellen Starks and Liz Bsharah

IT'S BACK!

One of President Debbie Condino's goals this year was to bring back the annual Fashion Show that so many Fontbonne members remember fondly and miss. It became a reality in late September and returned in a big way when "Couture and Cosmos at the Cadillac" was introduced and chaired by Fontbonne members, Amy Danna, Tammy Haney and Alysia Laethem. Kudos to our Fontbonne chairs for a spectacular day at the Westin Book Cadillac.

Fontbonne members and guests met at 11:00 at the beautiful Westin Book Cadillac on Washington Boulevard for an afternoon of professional modeling featuring trendy fashions from the Somerset Collection. Heather Catallo from Channel 7 News welcomed guests and graciously emceed the event. Etcetera, Halston Heritage, Lilly Pulitzer, L.K. Bennett London, Max Mara and The Fur Salon at Sak's were the featured fashions. Cheryl Hall-Lindsay brought each outfit to life with her colorful and entertaining commentary. Dior also provided favors for all guests and complimentary make-up consultations.

Guests were welcomed with complimentary Cosmos followed by a delicious lunch that included a trio-sweet corn bisque soup, chicken salad croissant, and a decadent cheesecake. Wonderful raffle prizes were awarded along with a fun 50/50 raffle. The committee had 30 large raffle prizes they acquired for Fontbonne supporters to win, and they ranged in value from \$85 to \$1,890.

Everyone agreed that the return of the Fontbonne Fashion Show was a huge success! The trio of friends are planning something even more spectacular for next year's fashion show. We will all be looking forward to another Fontbonne winner. ■



Amy Danna, Alysia Laethem and Tammy Haney



Patty Stumb, Camille Cracchiolo and Peggy Davis



Delores Casey, Patricia Cosgrove and Bettejean Ahee

2016 FONTBONNE AUXILIARY NURSING SCHOLARSHIPS

“Nurses dispense comfort, compassion and caring without even a prescription!”

Because of a special endowment established by our Fontbonne Auxiliary in 1989, we are able to award annual scholarships to our nurse externs who are enrolled in the St. John Hospital & Medical Center Nurse Extern Program each summer.

Each July, a Fontbonne selection committee, along with hospital and nurse educators, gather to read each scholarship application (10-18), personally meet and listen to each applicant as they proudly present their personal required projects and share their future dreams. What follows is the most difficult challenge – choosing 4-6 applicants (depending on the growth of the endowment) to receive a scholarship.

This year our committee included Board members Phyllis DeMars, Jocelyn Dombrowski, Camille DeMario, Kim Hinton and past presidents, Peggy Davis, Patty Stumb and Lorna Zalenski.

As the applicants read their values essays and explained their clinical improvement projects, the committee discovered words like mission, community, relationships, compassion, creativity, responsibility, dignity,

comfort, passion, dedication, service and integrity, values aligned with St. John Providence and Ascension Health.

This year we proudly awarded 5 Fontbonne Nursing Scholarships each in the amount of \$2,200.00. Choosing five winners out of 16 applicants proved to be a real challenge, because each of the nurse externs were so special in the hearts and minds of their mentors, preceptors, and floor managers with whom they work each day at the hospital and most especially to the many patients whose lives they touched while at St. John.

If these nurses are examples of the quality of nursing here in our country, we see an extremely bright future for our hospitals, doctors and patients.

They have learned the important secret to relationships in life, “People will not remember what you say or do, but they will remember how you made them feel!” We thank all our nurses at St. John Hospital & Medical Center for their comfort, compassion and caring.” ■



Phyllis DeMars, (Fontbonne Member) Kim Hinton (Fontbonne Member), Lorna Zalenski (Fontbonne Member), Mackenzie Maniaci (Nurse Extern), Danielle Schomaker, Rachel Yurgin (Nurse Extern), Jack Sicheneder (Nurse Extern), Patricia Stumb (Fontbonne Member), Kyra Neumann (Nurse Extern), Camille DeMario (Fontbonne Member) and Peggy Davis (Fontbonne Member).

MULLIGATAWNY SOUP

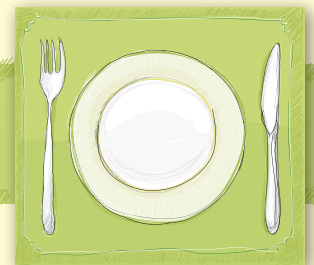


4 c. chicken broth
1 can (16 oz.) tomatoes, cut up
1 med. apple, peeled & chopped
1/4 c. chopped celery
1 tbsp. snipped parsley

1 tsp. sugar
1/8 tsp. ground cloves
Dash of pepper
2 c. chopped cooked chicken
1/4 c. finely chopped onion

1/4 c. chopped carrot
1/4 c. chopped green pepper
2 tsp. lemon juice
1 tsp. curry powder
3/4 tsp. salt

In a large saucepan combine all the ingredients. Bring to a boil, reduce heat. Cover. Simmer for 20 minutes, stirring occasionally.



A CHILD IS BORN WITH THE WHITE CHRISTMAS BALL

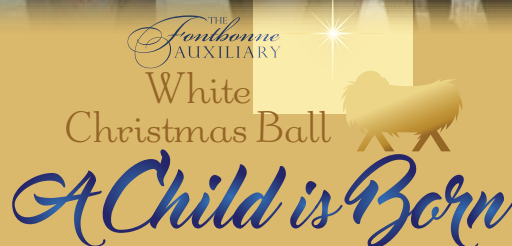


A lovely, warm August day welcomed the 2016 White Christmas Ball committee to the Grosse Pointe Yacht Club for the Fontbonne's annual Ball Kick-off Luncheon. This year's Ball will be a real "team effort" with the Officers and Board of Directors serving as the chairs and committee.

The theme chosen by the committee this year is "A Child is Born" appropriately named because all proceeds from the Ball will benefit the renovation of the Birthing Center at St. John Hospital & Medical Center. The renovation will nearly double the space of the existing family waiting lounge as well as revitalize the Obstetrical Emergency Department, staff, support areas, public corridors, furnishings and 31 private birthing suites. Dr. David M. Zalenski M.D. a longtime practicing OB/GYN physician at St. John Hospital & Medical Center and his wife, Lorna, a past president of the Fontbonne Auxiliary, are the Honorary Chairs for the 2016 White Christmas Ball.

A delicious lunch was enjoyed by all before Debbie Condino, president of the Fontbonne Auxiliary, introduced Nicole Ahlgrim, Clinical Nurse Manager of the Birthing Center, who thanked the committee for their love and support, and explained how the proceeds from this year's ball would benefit the hospital's birthing center.

Karl Ford, our famous Fontbonne photographer, explained that this year's photo shoot would be held at the historical Father Solanus Casey Center on Mt. Elliott. He suggested that the 35 committee members wear



dark slacks, white blouses with brightly colored scarves or pastel pashminas. Pam Meyer, photo shoot chair, and her committee Peggy Davis, Camille DeMario and Patty Stumb, had previously visited the monastery, along with Karl Ford and Phyllis DeMars to choose the best sites to showcase.

It was another lovely warm, sunny October day and the feast of St. Francis of Assisi, when the committee gathered at the Monastery for the 2016 Photo Shoot for "A Child is Born". Committee members were photographed both inside the center and outside in the lovely gardens, including a fun group shot in front of the Father Solanus Casey Center. Committee members met at the Rattlesnake Club later for a fun lunch and camaraderie on the Riverfront. Excitement for "A Child is Born" is definitely building. ■



CORRESPONDING Report

March

- 14th~Thinking of you to Sharon Burke
- 14th~Sympathy to Mary Ghanem on the death of her father.
- 15th~Thinking of you to Gloria Clark

May

- 11th~Sympathy to Gloria Clark on the death of her husband
- 12th~Congratulations to Julie Gheen on the birth of her daughter
- 26th~Sympathy to Peggy Davis on the death of her brother-in-law

June

- 2nd~Sympathy to Patty Stumb on the death of her brother-in-law
- 2nd~Congratulations to Camille Cracchiolo on the birth of her grandson



September

- 1st~Sympathy to Gail Howe on the death of her father-in-law

October

- 5th~Sympathy to Nancy Renick on the death of her grandson
- 17th~Get Well to Christine Drummy

New Annual Members-

- | | | |
|--------------------|----------------|-------------|
| Jennifer Bojarczyk | Hollis Griffin | Joanna Izzi |
| Edie Jacques | Gloria Kotas | |

New Life Members-

- Lori-Ann Rickard

FONTBONNE WELCOMES THE HOLIDAYS WITH A

Holiday Boutique & Luncheon

"Come fill your sleigh with gifts from our Holiday Boutique and enjoy lunch afterward!"

This is the welcoming call from Chair Gail Howe and her committee composed of Jocelyn Dombrowski, Kathryn Kaspzyk, Alysia Laethem, Pam Meyer and Tricia Schaden for our Wednesday, November 30, 2016 holiday meeting. The Country Club of Detroit will be the location for this delightful afternoon featuring twelve vendors selling their wares. Mini-massages will be available by Yvette D'Aoust from St. John Shelby from 10:30 a.m. - noon.

The program will begin with a social reception, cash bar, shopping and raffle from 10:30 - 12:00 p.m. The vendors being featured include El's Boutique, Etcetera, Honey Help, Girlie Girl, Kristin Henschel Designs, Love of Lilly Blankets, Mimi LaRou Designs, Motor City Soaps, Stella & Dot, Taylor Reese, The Rustic Root and Whistle Stop Hobby & Toy. They offer a large variety of clothing and gifts for your shopping experience. All this shopping will be in the French Room of the club.



At 12:00 p.m. the club's Great Hall is where a delightful lunch consisting of Celeriac Puree with Tart Apple & Sage Soup and the Country Club of Detroit's Chop Cobb Salad with egg, avocado, tomato, chicken, cheddar cheese, croutons, bacon & mustard vinaigrette dressing will be served. A vegetarian entree will be available. This culinary delightful lunch is topped off with a Chocolate Mousse Martini with Raspberry Coulis and Fresh Berries for dessert.

Fontbonne updates will be provided with our very own President Debbie Condino and various Fontbonne chairs following the luncheon. Topping off this delightful afternoon, The Noteworthy, our favorite a cappella women's group, will entertain us with some holiday music to launch the Christmas season. Our Fontbonne meeting is open to friends and family.

All are welcome!



Mrs. Arthur D. Kerwin

President, 1947-1957
President Emeritus, 1957-1967
Chairman: Launzaar, 1952
Little Gaelic Singers, 1961
White Christmas Ball, 1957
Parliamentarian, 1958-1967
Ice Capades, 1957, 1958, 1960

Not what a person says but what that person does is the standard by which he can truly be judged. Christian, kind, dynamic and untiring are the adjectives that best describe Mrs. Arthur D. Kerwin, the first President of the Fontbonne Auxiliary. One of the initial principals during the organizational phase, Mrs. Kerwin launched the Auxiliary in its first stages of its twenty-year history, still attends its meetings, and is one of the Auxiliary's truly dominant moral forces.

Throughout the years, manifold have been her tasks. Never has she been capable of saying "NO" to any request that either the Auxiliary or the Hospital presented. Her spirit has been the gentle breeze pervading the Auxiliary's endeavors; her smile, the sun providing joy to its tasks; and her willingness, the courage sustaining its life.

Run/Walk for a REASON



Run for a Reason 5K Winners!



A beautiful fall day was the backdrop for this year's "Run For A Reason" 5K Walk/Run held on Sunday, September 25, 2016. This was the third year of a successful fun event sponsored by our Fontbonne Auxiliary, The Guild and the Grosse Pointe Yacht Club. The Renovation of the Birthing Center was the recipient of the funds raised. There were about 338 runners and walkers who participated which was about three times the total number from previous years.

The event included a 5K Run/Walk and a One Mile Fun Walk. The route was from the Grosse Pointe Yacht Club to Woodland Shore Drive in Grosse Pointe Shores with the finish

line at the yacht club. All ages enjoyed the event, and spectators could enjoy the other activities and entertainment which included Baffling Bill the Magician, a DJ providing music, Wally's Custard Fire Engine and dog tags for children who finished the race.

The Fontbonne members serving as committee members were Liz Bsharah, Debbie Condino, Amy Danna, Jocelyn Dombrowski and Kim Hinton. Other members volunteered to make the event go smoothly. Many St. John supporters served as sponsors and received recognition on banners, course signs and a listing on T-shirts. A total of \$7,500 was raised for the Renovation of the Birthing Center. ■



Runners and Walkers on route

Wally's Custard



Baffling Bill the Magician



GIRLS GONE GOLFING YEAR TWO and FONTBONNE'S Annual Meeting

Lochmoor Country Club was the venue for the Fontbonne's second annual golf outing, "Girls Gone Golfing" chaired by Camille Cracchiolo, Debbie Condino and Mary Ghanem. Participants were met with lovely sunshine and an enthusiastic group of golfers. A continental breakfast and morning registration was at 8:00 a.m. followed by a shotgun start at 9:00 a.m.

This fun event was coupled with the Fontbonne May General Meeting chaired by Fontbonne president, Debbie Condino. A delicious luncheon for 64 members and guests followed a morning of golf and camaraderie. The lunch consisted of Butternut Squash Soup and Chicken Pecan Salad topped off with a Hot Fudge Sundae.

As this was the Fontbonne Auxiliary's Annual Meeting, the proceeds from the year's fundraising efforts were presented to Bob Hoban, President of St. John Hospital & Medical Center. Debbie Condino gave him a check for \$148,369.57, and Betty Granger, CSJ was given a check for \$10,000 for the Congregation of the Sisters of St. Joseph.

Following the luncheon the winners of the 9 hole golf outing were announced. Congratulations to the winning foursome that included Amy Danna, Alysia Laethem, Ellen Starks and Kim Valice.

Camille and Mary encourage you to watch for information regarding the Fontbonne's 3rd Annual "Girls Gone Golfing" scheduled for May of 2017. ■

2016 Fontbonne Upcoming Events

Holiday Boutique & Luncheon
(Country Club of Detroit)
Wednesday, November 30, 2016



White Christmas Ball
(The Westin Book Cadillac)
Saturday, December 10, 2016

REMINDER: Reservations for Fontbonne events will only be honored if they are prepaid by credit card, check or cash. Thank You!

Co-Editors: *Peggy Davis & Patty Stumb*

Any suggestions for articles that may be appropriate for publication in *Fontbonne Facts* should be submitted to: Fontbonne Auxiliary - St. John Hospital and Medical Center 22101 Moross Road, MOB Suite 102, Detroit, MI 48236.

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